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INTRODUCTION

Healthcare-associated infections are a threat to patient safety and have become a common complication of modern health care with 1 in 25 inpatients having an infection related to hospital care. In 2009, the Department of Health and Human Services (HHS) identified key actions needed to achieve and sustain progress in protecting patients from the transmission of serious and, in some cases, deadly infections in the National Action Plan to Prevent Health Care-Associated Infections: Road Map to Elimination. The response to this call to action has been seen at the Federal, State, and local levels.

The present report, funded by the Agency for Healthcare Research and Quality (AHRQ), focuses on the burden to hospitals of one type of healthcare-associated infection—Clostridium difficile infection (CDI). CDI may develop during the process of a patient’s treatment for medical or surgical conditions in health care settings, including hospitals, clinics, nursing homes, and other health facilities. CDI also may be acquired in the community.

CDI includes a broad spectrum of illnesses, ranging from uncomplicated diarrhea in its mildest form to its most severe manifestation of fulminant sepsis. CDI is recognized as a main cause of diarrhea in health care facilities, where it has been associated with excess lengths of stay and substantial increases in health care costs. CDI transmission occurs primarily via the hands of health care personnel or from a contaminated environment. A well-established risk factor for CDI is previous antimicrobial therapy, which may suppress the normal flora of the colon and allow growth of CDI after exposure occurs. Treatment of severe cases may require a colectomy and may result in death.

Timely information on the burden of CDI cases in the inpatient setting provides analysts and policymakers with baseline information and helps illustrate the need for quality improvement efforts. Therefore, information about national and regional trends in the prevalence of adult inpatient discharges with CDI is presented in this report.

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Longitudinal inpatient discharge data from the Healthcare Cost and Utilization Project (HCUP) sponsored by AHRQ were used to provide quarterly and annual estimates of CDI hospitalization rates from 2010 through 2014. HCUP includes the largest collection of longitudinal hospital care data in the United States, with all-payer, encounter-level information beginning in 1988. The 2014 HCUP State Inpatient Databases (SID) encompass about 95 percent of all U.S. community hospital discharges, made possible by the data collection efforts of State data organizations, hospital associations, private data organizations, and the Federal government. The list of Partner organizations that contribute to HCUP databases is available in Appendix I.

METHODS

This analysis uses the HCUP SID from 2010 through 2014 from 41 States and the District of Columbia. CDI hospitalizations were identified by the International Classification of Diseases, Ninth Revision, Clinical Modification (ICD-9-CM) diagnosis code of intestinal infections due to Clostridium difficile (008.45), which were reported as either the principal or secondary diagnosis. An evaluation of surveillance for CDI in 2003 found high sensitivity (78 percent) and specificity (99.7 percent) when using ICD-9-CM codes.7 This study was based on one hospital. Coding practices vary across hospitals and States, thereby affecting generalization of the results.

Rates were calculated as the number of CDI hospitalizations for adults per 1,000 adult, nonmaternal discharges treated in community, nonrehabilitation hospitals. CDI cases that resolved without an inpatient stay are not captured in the trends. It should be noted that the origin of the infection may not be the inpatient hospital. It is possible that the CDI infection originated in another type of health care setting, such as a nursing home, or in the community prior to the hospital admission. The SID used for this analysis included a data element that indicated whether the CDI diagnosis was present on admission rather than acquired during the hospital stay. The rates of CDI hospitalizations are reported for all stays related to CDI and also by whether the CDI diagnosis was present on admission or not. Additional details about the methods used for this report are contained in Appendix II.

RESULTS

Results are presented for the nation and four Census regions. Trend graphs demonstrate quarterly variation in the rates for 2010 through 2014. Appendix III includes the annual rates.

General Trends

National and regional trends showed variation in the rate of CDI stays per 1,000 adult, nonmaternal discharges from 2010 through 2014. The national annual rate of all CDI stays per 1,000 adult, nonmaternal discharges ranged from 12.1 in 2010 to 14.0 in 2014.

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(an increase of 15.7 percent). When the CDI diagnosis was present on admission, there was an increase of 19.7 percent in the national annual rate of CDI stays from 2010 through 2014. In contrast, there was an increase of 3.5 percent in the national annual rate of CDI stays when the CDI diagnosis was acquired during the hospitalization. Although this report showed an increase in the rate of CDI hospitalizations, it cannot be determined whether this reflected an increase in unique cases. That distinction is beyond the limits of the data used.

In the Northeast region, the annual rate of all CDI stays was about 14.5 stays per 1,000 adult, nonmaternal discharges from 2010 through 2014, with some quarterly variation. The annual rates of all CDI stays in the other regions in 2010 were lower than the Northeast (Midwest, 12.8; South, 10.9; West, 11.8), but the annual rates in these regions increased by more than 10 percent from 2010 through 2014. In addition, the annual rates when the CDI diagnosis was present on admission increased by more than 15 percent in all regions except the Northeast. Only the Midwest region showed any decrease in the annual rates when the CDI diagnosis was acquired during the hospitalization (−1.0 percent). In the other three regions, the annual rates when the CDI diagnosis was acquired during the hospitalization increased by less than 10 percent (Northeast, 1.0 percent; South, 5.3 percent; West, 9.8 percent).
National Trends

Rates for All CDI Stays

Rates for CDI Stays by Diagnosis Present on Admission

CDI reported as present on admission to the hospital
CDI acquired during hospital stay
Trends by Census Region

In 2010, the annual rates of *all CDI stays* per 1,000 adult, nonmaternal discharges ranged from 10.9 in the South to 14.1 in the Northeast.

*When the CDI diagnosis was present on admission*, the 2010 annual rates ranged from 8.0 in the South to 10.5 in the Northeast. In 2014, the lowest rate was in the South (10.3) and the highest rate was in the West (11.6).

*When the CDI diagnosis was acquired during the hospitalization*, the 2010 annual rates ranged from 2.8 in the South to 3.6 in the Northeast. In 2014, the lowest rates were in the South and West (3.0) and the highest rate was in the Northeast (3.6).

The following figures show the quarterly rates of CDI stays per 1,000 adult, nonmaternal discharges for the years 2010 through 2014 by Census region.
Northeast Region

Rates for All CDI Stays

Rates for CDI Stays by Diagnosis Present on Admission

CDI reported as present on admission to the hospital
CDI acquired during hospital stay
**Midwest Region**

**Rates for All CDI Stays**

<table>
<thead>
<tr>
<th>Year</th>
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<th>2011</th>
<th>2012</th>
<th>2013</th>
<th>2014</th>
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<tr>
<td>Rate per 1,000 Adult, Nonmaternal Discharges</td>
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<td>12</td>
<td>14</td>
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<td>16</td>
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</tbody>
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**Rates for CDI Stays by Diagnosis Present on Admission**

<table>
<thead>
<tr>
<th>Year</th>
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<th>2011</th>
<th>2012</th>
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<th>2014</th>
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<td>Rate per 1,000 Adult, Nonmaternal Discharges</td>
<td>5</td>
<td>7</td>
<td>9</td>
<td>10</td>
<td>11</td>
</tr>
</tbody>
</table>

**Legend**
- **CDI reported as present on admission to the hospital**
- **CDI acquired during hospital stay**
Southern Region

Rates for All CDI Stays

Rates for CDI Stays by Diagnosis Present on Admission

- CDI reported as present on admission to the hospital
- CDI acquired during hospital stay
Western Region

Rates for All CDI Stays

Rates for CDI Stays by Diagnosis Present on Admission
APPENDIX I: HCUP PARTNERS

Alaska State Hospital and Nursing Home Association
Arizona Department of Health Services
Arkansas Department of Health
California Office of Statewide Health Planning and Development
Colorado Hospital Association
Connecticut Hospital Association
District of Columbia Hospital Association
Florida Agency for Health Care Administration
Georgia Hospital Association
Hawaii Health Information Corporation
Illinois Department of Public Health
Indiana Hospital Association
Iowa Hospital Association
Kansas Hospital Association
Kentucky Cabinet for Health and Family Services
Louisiana Department of Health and Hospitals
Maine Health Data Organization
Maryland Health Services Cost Review Commission
Massachusetts Center for Health Information and Analysis
Michigan Health & Hospital Association
Minnesota Hospital Association (provides data for Minnesota and North Dakota)
Mississippi Department of Health
Missouri Hospital Industry Data Institute
Montana MHA - An Association of Montana Health Care Providers
Nebraska Hospital Association
Nevada Department of Health and Human Services
New Hampshire Department of Health & Human Services
New Jersey Department of Health
New Mexico Department of Health
New York State Department of Health
North Carolina Department of Health and Human Services
North Dakota (data provided by the Minnesota Hospital Association)
Ohio Hospital Association
Oklahoma State Department of Health
Oregon Association of Hospitals and Health Systems
Oregon Office of Health Analytics
Pennsylvania Health Care Cost Containment Council
Rhode Island Department of Health
South Carolina Revenue and Fiscal Affairs Office
South Dakota Association of Healthcare Organizations
Tennessee Hospital Association
Texas Department of State Health Services
Utah Department of Health
Vermont Association of Hospitals and Health Systems
Virginia Health Information
Washington State Department of Health
West Virginia Health Care Authority
Wisconsin Department of Health Services
Wyoming Hospital Association
APPENDIX II: METHODS

This section describes the methods employed to calculate national and regional quarterly trends for the rates of *Clostridium difficile* infection (CDI) hospitalizations per 1,000 adult, nonmaternal hospitalizations using the Healthcare Cost and Utilization Project (HCUP) State Inpatient Databases (SID) from 2010 through 2014.

Discharges were limited to those from hospitals that were open during any part of each calendar year and were designated as community hospitals by the American Hospital Association (AHA) Annual Survey of Hospitals. The AHA defines a community hospital as "all nonfederal short-term general and special hospitals, including special children's hospitals, whose facilities and services are available to the public." Any community hospitals that the AHA identified as also being rehabilitation hospitals were excluded.

The population at risk included adult, nonmaternal discharges aged 18 years and older. CDI hospitalizations were identified by the International Classification of Diseases, Ninth Revision, Clinical Modification (ICD-9-CM) diagnosis code of intestinal infections due to *Clostridium difficile* (008.45), which were reported as either the principal or secondary diagnosis. Transfers were excluded from the CDI counts and the population at risk.

The analysis was limited to SID that included data elements indicating whether the principal and secondary diagnoses were present on admission (POA) rather than acquired during the hospital stay. There were 41 SID that included the POA data elements in 2014. Because the reporting of POA can vary across hospitals within and across States, the data were edited for consistent coding of POA using a scheme developed by HCUP. There were two discharge-level and three hospital-level edit checks:

- Discharge was missing POA on the principal diagnosis.
- Discharge was missing POA on all secondary diagnoses.
- Hospital reported all diagnoses as present on admission on all discharges.
- Hospital reported POA only on Medicare discharges.
- Hospital had 15 percent or more of total discharges in the year missing POA on all diagnoses.

Discharges and hospitals failing any of the above edit checks were excluded from the analysis. All remaining discharges were used to develop the national and regional rates. Weights were developed within stratum defined by five hospital characteristics (region, teaching status, size based on the number of beds, urban-rural location, and control) using the remaining SID discharges after POA edit checks and counts of total inpatient discharges from the AHA Annual Survey.

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APPENDIX III: DATA TABLES FOR ANNUAL RATES OF CDI STAYS PER 1,000 ADULT, NONMATERNAL DISCHARGES

<table>
<thead>
<tr>
<th></th>
<th>2010</th>
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<th>2012</th>
<th>2013</th>
<th>2014</th>
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</thead>
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<tr>
<td>CDI Reported as</td>
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<td>9.06</td>
<td>12.99</td>
<td>13.60</td>
<td>14.01</td>
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<tr>
<td>Present on Admission</td>
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<tr>
<td>CDI Acquired During</td>
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<td>3.15</td>
<td>3.15</td>
<td>3.21</td>
<td>3.15</td>
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<tr>
<td>Hospital Stay</td>
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<td></td>
<td></td>
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</tr>
<tr>
<td>CDI Reported as</td>
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<td>10.51</td>
<td>14.54</td>
<td>14.64</td>
<td>14.34</td>
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<td>Present on Admission</td>
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<td></td>
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<tr>
<td>CDI Acquired During</td>
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<td>3.71</td>
<td>3.83</td>
<td>3.61</td>
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<tr>
<td>Hospital Stay</td>
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<td>Nation</td>
<td></td>
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<td>Total U.S.</td>
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<td>12.99</td>
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Census Regions

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<td>14.91</td>
</tr>
<tr>
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<td>3.74</td>
<td>3.71</td>
<td>3.83</td>
<td>3.61</td>
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<tr>
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<td>14.24</td>
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</tr>
<tr>
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<td>3.29</td>
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<td>3.21</td>
<td>3.08</td>
<td>3.05</td>
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</table>

Abbreviation: CDI, Clostridium difficile infection.

Source: Agency for Healthcare Research and Quality (AHRQ), Center for Delivery, Organization, and Markets, Healthcare Cost and Utilization Project (HCUP), State Inpatient Databases (SID), 2010–2014, weighted to provide national and regional estimates.