



STATISTICAL BRIEF #167

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Emergency Department Visits for Adults with Diabetes, 2010

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Introduction

Diabetes is a critical public health concern in the United States. It is estimated that diabetes affects approximately 25.8 million Americans (8.9 percent of the population), and its incidence continues to rise annually. Diabetes and its associated complications are significant sources of hospitalization and medical expenditures. Patients with poor blood glucose control and overall diabetes management have significantly greater risk of acute and chronic complications, including cardiovascular, kidney, eye, and nerve diseases. Emergency department (ED) utilization among patients with diabetes is likely affected by several factors, including lack of primary care, poor adherence to care plans and lifestyle modifications, and presence of complications.

This Statistical Brief presents data from the Healthcare Cost and Utilization Project (HCUP) on ED visits among patients aged 18 years and older with diabetes in 2010. Variations in ED visit rates for patients with diabetes overall, ED visits resulting in treatment and release, and ED visits resulting in subsequent admission to the hospital are presented across patient demographics. The most common diagnoses for ED visits by patients with uncomplicated and complicated diabetes are shown, as is the variation in disposition from the ED by presence of diabetic complications. All differences between estimates noted in the text are statistically significant at the 0.05 level or better.

Findings

General Findings

In 2010, there were approximately 12.1 million diabetes-related ED visits for adults (defined as having a diabetes diagnosis documented in the patient's discharge record), or about 9.4 percent of all ED visits for adults. This translates to approximately 515 visits per 10,000 U.S. population. Most of these visits were

Highlights

- In 2010, there were approximately 12.1 million diabetes-related ED visits for adults aged 18 years or older (515 per 10,000 U.S. population), or 9.4 percent of all ED visits. Most (57.9 percent) were treat-and-release visits.
- Diabetes-related ED visit rates were highest for patients aged 65 and older (1,307 per 10,000 U.S. population) compared with 45–64 year olds (584 per 10,000 U.S. population) and 18–44 year olds (183 per 10,000 U.S. population).
- Diabetes-related ED visit rates were higher among patients from the lowest income communities (526 per 10,000 U.S. population) than from the highest income communities (236 per 10,000 U.S. population).
- Government insurance (e.g., Medicare and Medicaid) was the primary expected payer for 68.7 percent of diabetes-related ED visits.
- There were approximately 675,000 diabetes-related ED visits that involved neurological complications, 409,000 ED visits with kidney complications, and 186,000 ED visits with eye complications.
- Diabetes with complications was the most common (6.4 percent) primary reason for ED visits among adults with diabetes, followed by nonspecific chest pain (5.6 percent) and congestive heart failure (3.3 percent).

¹ Centers for Disease Control and Prevention. National Diabetes Fact Sheet: National Estimates and General Information on Diabetes and Prediabetes in the United States, 2011. Atlanta, GA: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention: 2011.

² Fraze TK, Jiang HJ, Burgess J. Hospital Stays for Patients with Diabetes, 2008. HCUP Statistical Brief #93. August 2010. Agency for Healthcare Research and Quality, Rockville, MD. https://www.hcup-us.ahrq.gov/reports/statbriefs/sb93.pdf.

³ Diabetes Control and Complications Trial Research Group. The effect of intensive treatment of diabetes on the development and progression of long-term complications in insulin-dependent diabetes mellitus. New England Journal of Medicine. 1993;329(14):977–86.

ED treatment and release (57.9 percent); the remaining (42.1 percent) resulted in a hospitalization at the same facility. In comparison, only 15.3 percent of all adult ED visits (for patients with and without diabetes) resulted in a hospitalization.

Characteristics of patients with diabetes who were seen in the ED are presented in Table 1 for all ED visits and by discharge status (i.e., admitted versus treated and released). Adults aged 65 years and older accounted for the largest proportion of diabetes-related ED visits (43.6 percent) and had the highest rate of diabetes-related ED visits (1,307 per 10,000 U.S. population). This older population also represented a greater proportion of diabetes-related ED visits that resulted in hospitalization, whereas treat-and-release ED visits were more common among individuals aged 45–64 years.

Females constituted approximately 55 percent of diabetes-related ED visits. Diabetes-related ED visit rates were highest from lower income (526 per 10,000 U.S. population) and rural communities (455 per 10,000). The West had the lowest rate of diabetes-related ED visits (299 per 10,000 U.S. population) compared with the other regions.

The rate of diabetes-related ED visits that resulted in a hospital admission was similar across the metropolitan and rural areas; however, the rate of diabetes-related ED visits that were treated and released was higher for patients from rural areas (296 per 10,000 U.S. population) compared with large (184 per 10,000 U.S. population) and small (263 per 10,000 U.S. population) metropolitan regions.

Table 1. Diabetes-related emergency department (ED) visits for patients aged 18 years and older, 2010

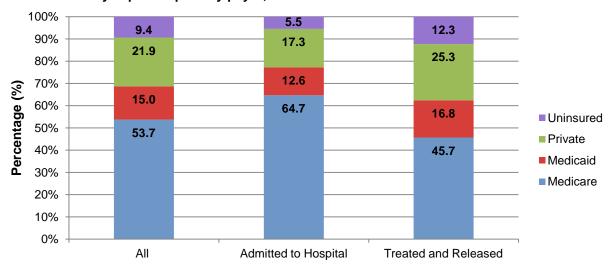
2010								
Characteristic	All diabetes-related ED visits N=12,128,000		resul hospita	ated ED visits ting in alization 10,000	Diabetes-related ED visits resulting in treatment and release n=7.018,000			
	Percent Distribution	Rate (per 10,000)	Percent Distribution	Rate (per 10,000)	Percent Distribution	Rate (per 10,000)		
Age ^b								
18–44	17.0	183	9.9	45	22.1	137		
45-64	39.4	584	34.8	218	42.8	367		
≥65	43.6	1,307	55.2	698	35.1	609		
Sex ^b	Sex ^b							
Male	44.7	475	47.3	212	42.8	263		
Female	55.3	554	52.7	223	57.2	332		
Community Income								
1 st Quartile (Low)	34.9	526	32.3	204	36.8	321		
2 nd Quartile	28.1	440	26.8	176	29.1	264		
3 rd Quartile	21.4	330	22.7	147	20.5	183		
4 th Quartile (High)	15.6	236	18.2	116	13.7	120		
Patient Residence ^b								
Large Metro	47.9	348	53.5	164	43.7	184		
Small Metro	33.1	432	30.6	168	34.8	263		
Rural	19.1	455	15.9	160	21.4	296		
Region								
Northeast	16.7	366	20.0	185	14.3	181		
Midwest	23.2	421	22.2	170	23.9	251		
South	42.3	447	40.3	179	43.8	268		
West	17.8	299	17.5	124	18.0	175		

^a Diabetes mellitus appears as a diagnosis on the discharge record.

^b p<0.05 (Chi-square comparing proportion of admitted versus treat-and-release visits)

Figure 1 shows the expected primary payer for diabetes-related ED visits among adults. The payer distribution is different between the two types of ED visits—those resulting in a hospital admission and those being treated and released. Although Medicare was the most common expected primary payer (53.7 percent) for diabetes-related ED visits in general, this payer accounted for a larger proportion of ED visits that resulted in admission (64.7 percent) compared with treat-and-release ED visits (45.7 percent). The opposite pattern was observed for the uninsured, which accounted for only 5.5 percent of diabetes-related ED visits resulting in a hospital admission compared with 12.3 percent of treat-and-release visits. Similarly, private insurers were the primary expected payer for a larger share of the treat-and-release ED visits (25.3 percent) compared to ED visits resulting in a hospital admission (17.3 percent).

Figure 1. Percentage of diabetes-related emergency department (ED) visits for patients aged 18 years and older by expected primary payer, 2010



Discharge Status of ED Visits for Patients with Diabetesb

^a Diabetes mellitus appears as a diagnosis on the discharge record.

^b p<0.05 (Chi-square comparing proportion of admitted versus treat-and-release visits)

Types of diabetes-related diagnoses for ED visits among adults

Patients with diabetes often experience short-term (acute) and long-term complications as a result of their condition. Table 2 lists the specific diabetes diagnoses seen in the ED. The majority of diabetes-related ED encounters included no mention of complications associated with diabetes (84.7 percent). Treat-and-release diabetes-related ED encounters were more frequently listed without any diabetes complications (91.7 percent) than visits that resulted in admission (75.1 percent). Among patients who are treated and released, the higher proportion of ED visits with no complications may reflect utilization of EDs for diabetes care and management, initial diagnosis of diabetes in the ED, or incomplete coding. These findings also suggest that ED visits involving diabetes complications are more likely to result in admission to the hospital than those without complications.

Diabetes can affect several different body systems. Table 2 also includes information about different types of complications. The most common complication listed was other or unspecified complications (6.0 percent of all diabetes-related ED visits), followed by neurological (5.6 percent) and renal (3.4 percent) complications. Among ED visits that resulted in hospitalization, neurological complications were the most common (10.2 percent of diabetes-related ED visits).

Table 2. Types of diabetes-related diagnoses (all-listed) during emergency department (ED) visits

for patients aged 18 years and older

All-listed condition		s-related ED sits	resul	ated ED visits ting in alization	Diabetes-related ED visits resulting in treatment and release		
(ICD-9-CM code)	Number of visits in thousands	Percent Distribution	Number of visits in thousands	Percent Distribution	Number of visits in thousands	Percent	
All diabetes	12,128	100	5,110	100	7,018	100	
Diabetes with no mention of complications ^b	10,273	84.7	3,839	75.1	6,434	91.7	
Diabetes with complications ^{b,c}	1,855	15.3	1,271	24.9	584	8.3	
Other or unspecified complications	723	6.0	371	7.3	352	5.0	
Neurological complications	675	5.6	521	10.2	154	2.2	
Renal complications	410	3.4	345	6.7	65	0.9	
Acute complications	223	1.8	199	3.9	24	0.3	
Eye complications	186	1.5	148	2.9	38	0.5	
Peripheral circulatory complications	94	0.8	78	1.5	16	0.2	

Abbreviation: ICD-9-CM, International Classification of Diseases, Ninth Revision, Clinical Modification

Note: Patients seen in the ED may not have diabetes complications documented in their discharge record if the information on complication status was not collected during the visit. These proportions reflect only those ED visits with complications recorded in the discharge record and do not suggest that patients with no mention of complications have no complications.

^a Diabetes mellitus appears as a diagnosis on the discharge record.

^b p<0.05 (Chi-square comparing proportion of admitted versus treat-and-release visits)

^c Not mutually exclusive (i.e., visits may involve more than one complication)

Most frequent primary reason for ED visits among adults with diabetes

It is likely that patients with diabetes present to the ED for conditions unrelated to diabetes. Table 3 shows the most frequent first-listed conditions for ED visits for adults with diabetes. The first-listed condition may be interpreted as the primary reason for the ED visit. For patients admitted to the hospital, the first-listed condition is the principal diagnosis, which is defined as the chief reason for the hospital stay. The principal diagnosis is determined after evaluation during this stay.

Diabetes with complications was the most common first-listed condition for diabetes-related ED visits among adults, accounting for 6.4 percent of diabetes-related ED visits (771,181) in 2010. Nonspecific chest pain was the second most common first-listed condition for diabetes-related ED visits (5.6 percent) and the most common first-listed condition for diabetes-related ED visits resulting in treatment and release. For treat-and-release diabetes-related ED visits, diabetes with complications (3.0 percent), abdominal pain (2.9 percent), and superficial injury/contusion (2.3 percent) were also top-ranking first-listed conditions. For admitted patients, other chronic conditions—particularly circulatory and respiratory-related conditions—accounted for the most frequent first-listed conditions. Notably, the top 10 first-listed conditions for all ED visits account for one-third of the ED visits.

Table 3. Most frequent first-listed conditions for diabetes-related emergency department (ED)

visits for patients aged 18 years and older, 2010

First-listed condition	All diabetes-related ED visits			Diabetes-related ED visits resulting in hospitalization			Diabetes-related ED visits resulting in treatment and release		
	Number of visits in thousands	%	Rank	Number of visits in thousands	%	Rank	Number of visits in thousands	%	Rank
Diabetes with complications	771	6.4	1	413	3.4	1	358	3.0	2
Nonspecific chest pain	681	5.6	2	180	1.5	5	501	4.1	1
Congestive heart failure	395	3.3	3	338	2.8	2	58	0.5	-
Abdominal pain	384	3.2	4	30	0.2	-	355	2.9	3
Urinary tract infection	345	2.8	5	148	1.2	9	197	1.6	9
Skin and subcutaneous tissue infection	342	2.8	6	134	1.1	-	208	1.7	8
Chronic obstructive pulmonary disease and bronchiectasis	295	2.4	7	166	1.5	6	129	1.1	-
Superficial injury; contusion	284	2.4	8	8	<0.1	-	277	2.3	4
Diabetes without complications	278	2.3	9	12	0.1	-	266	2.2	5
Spondylosis/intervertebral disc disorders; other back problems	274	2.3	10	33	0.3	-	241	2.0	7
Septicemia	242	2.0	-	237	2.0	3	5	<0.1	-
Pneumonia	273	2.2	-	216	1.8	4	57	0.5	-
Acute cerebrovascular disease	176	1.5	-	155	1.3	7	22	0.2	-
Acute myocardial infarction	169	1.4	-	151	1.2	8	18	0.1	-
Acute and unspecified renal failure	145	1.2	-	135	1.1	10	9	0.1	-
Sprains and strains	266	2.2	-	4	<0.1	-	262	2.2	6
Other disconnective tissue disease	201	1.7	-	25	0.2	-	176	1.5	10

^a Diabetes mellitus appears as a diagnosis on the discharge record.

Note: Percent of all ED visits among patients with diabetes

Data Source

The estimates in this Statistical Brief are based upon data from the Healthcare Cost and Utilization Project (HCUP) 2010 Nationwide Emergency Department Sample (NEDS). Supplemental sources included population denominator data for use with HCUP databases.⁴

Definitions

Diagnoses, ICD-9-CM, and Clinical Classifications Software (CCS)

ICD-9-CM is the International Classification of Diseases, Ninth Revision, Clinical Modification, which assigns numeric codes to diagnoses. There are approximately 14,000 ICD-9-CM diagnosis codes.

The following ICD-9-CM codes were used to identify patients with diabetes. "All-listed" refers to the occurrence of one or more of these codes in any diagnosis field, and "first-listed" refers to the occurrence of one or more of these codes in the first diagnosis field.

Description	ICD-9-CM Code
Uncontrolled diabetes without mention of	250.0x
complications	
Diabetes with acute complications	250.1x-250.3x
Diabetes with renal complications	250.4x
Diabetes with eye complications	250.5x
Diabetes with neurological complications	250.6x
Diabetes with peripheral circulatory complications	250.7x
Diabetes with other or unspecified complications	250.8x-250.9x

CCS categorizes ICD-9-CM diagnoses into a manageable number of clinically meaningful categories.
This "clinical grouper" makes it easier to quickly understand patterns of diagnoses. CCS categories identified as "Other" typically are not reported; these categories include miscellaneous, otherwise unclassifiable diagnoses that may be difficult to interpret as a group. CCS categories were used in this Statistical Brief to identify the most common first-listed diagnoses for patients with diabetes. The corresponding CCS codes and descriptions are shown below.

CCS Code	CCS Description
2	Septicemia
49	Diabetes without complications
50	Diabetes with complications
100	Acute myocardial infarction
102	Nonspecific chest pain
108	Congestive heart failure
109	Acute cerebrovascular disease
122	Pneumonia
127	Chronic obstructive pulmonary disease and bronchiectasis
157	Acute and unspecified renal failure
159	Urinary tract infection
197	Skin and subcutaneous tissue infection
205	Spondylosis/intervertebral disc disorders; other back problems
211	Other disconnective tissue disease
232	Sprains and strains
239	Superficial injury; contusion
251	Abdominal pain

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⁴ Barrett M, Lopez-Gonzalez L, Coffey R, Levit K. Population Denominator Data for use with the HCUP Databases (Updated with 2012 Population data). HCUP Methods Series Report #2013-01. Online. March 8, 2013. U.S. Agency for Healthcare Research and Quality. http://www.hcup-us.ahrq.gov/reports/methods/2013_01.pdf. Accessed October 31, 2013.

⁵ HCUP Clinical Classifications Software (CCS). Healthcare Cost and Utilization Project (HCUP). U.S. Agency for Healthcare Research and Quality, Rockville, MD. Updated September 2013. http://www.hcup-us.ahrq.gov/toolssoftware/ccs/ccs.jsp. Accessed October 31, 2013.

Types of hospitals included in HCUP

HCUP is based on data from community hospitals, which are defined as short-term, non-Federal, general, and other hospitals, excluding hospital units of other institutions (e.g., prisons). HCUP data include obstetrics and gynecology, otolaryngology, orthopedic, cancer, pediatric, public, and academic medical hospitals. Excluded are long-term care, rehabilitation, psychiatric, and alcoholism and chemical dependency hospitals. Community hospitals included in the Nationwide Emergency Department Sample (NEDS) have hospital-based emergency departments and no more than 90 percent of their ED visits resulting in admission.

Unit of analysis

The unit of analysis is the emergency department (ED) encounter, not a person or patient. This means that a person who is seen in the ED multiple times in one year will be counted each time as a separate "encounter" in the ED.

Location of patients' residence

Place of residence is based on the urban-rural classification scheme for U.S. counties developed by the National Center for Health Statistics (NCHS). For this Statistical Brief, we collapsed the NCHS categories into either large metropolitan, small metropolitan, or rural according to the following:

- Large Metropolitan: includes metropolitan areas and counties of metropolitan areas with 1 million or more residents
- Small Metropolitan: includes areas with 50,000 to 999,999 residents
- Rural: includes nonmetropolitan counties (i.e., counties with no town greater than 50,000 residents).

Median community-level income

Median community-level income is the median household income of the patient's ZIP Code of residence. The cut-offs for the quartile designation are determined using ZIP Code demographic data obtained from the Nielsen Company. The income quartile is missing for homeless and foreign patients.

Payer

Payer is the expected primary payer for the ED visit or hospital discharge. To make coding uniform across all HCUP data sources, payer combines detailed categories into general groups:

- Medicare: includes patients covered by fee-for-service and managed care Medicare
- Medicaid: includes patients covered by fee-for-service and managed care Medicaid
- Private Insurance: includes Blue Cross, commercial carriers, and private health maintenance organizations (HMOs) and preferred provider organizations (PPOs)
- Other: Includes Worker's Compensation, TRICARE/CHAMPUS, CHAMPVA, Title V, and other government programs
- Uninsured: includes an insurance status of "self-pay" and "no charge."

Hospital stays billed to the State Children's Health Insurance Program (SCHIP) may be classified as Medicaid, Private Insurance, or Other, depending on the structure of the State program. Because most State data do not identify SCHIP patients specifically, it is not possible to present this information separately. When more than one payer is listed for a ED visit or hospital discharge, the first-listed payer is used. Other expected payers were not reported in this Statistical Brief.

Region

Region is one of the four regions defined by the U.S. Census Bureau—

- Northeast: Maine, New Hampshire, Vermont, Massachusetts, Rhode Island, Connecticut, New York, New Jersey, and Pennsylvania
- Midwest: Ohio, Indiana, Illinois, Michigan, Wisconsin, Minnesota, Iowa, Missouri, North Dakota,
 South Dakota, Nebraska, and Kansas
- South: Delaware, Maryland, District of Columbia, Virginia, West Virginia, North Carolina, South Carolina, Georgia, Florida, Kentucky, Tennessee, Alabama, Mississippi, Arkansas, Louisiana, Oklahoma, and Texas

 West: Montana, Idaho, Wyoming, Colorado, New Mexico, Arizona, Utah, Nevada, Washington, Oregon, California, Alaska, and Hawaii

About HCUP

HCUP is a family of powerful health care databases, software tools, and products for advancing research. Sponsored by the Agency for Healthcare Research and Quality (AHRQ), HCUP includes the largest all-payer encounter-level collection of longitudinal health care data (inpatient, ambulatory surgery, and emergency department) in the United States, beginning in 1988. HCUP is a Federal-State-Industry Partnership that brings together the data collection efforts of many organizations—such as State data organizations, hospital associations, private data organizations, and the Federal government—to create a national information resource.

HCUP would not be possible without the contributions of the following data collection Partners from across the United States:

Alaska State Hospital and Nursing Home Association

Arizona Department of Health Services

Arkansas Department of Health

California Office of Statewide Health Planning and Development

Colorado Hospital Association

Connecticut Hospital Association

Florida Agency for Health Care Administration

Georgia Hospital Association

Hawaii Health Information Corporation

Illinois Department of Public Health

Indiana Hospital Association

Iowa Hospital Association

Kansas Hospital Association

Kentucky Cabinet for Health and Family Services

Louisiana Department of Health and Hospitals

Maine Health Data Organization

Maryland Health Services Cost Review Commission

Massachusetts Center for Health Information and Analysis

Michigan Health & Hospital Association

Minnesota Hospital Association

Mississippi Department of Health

Missouri Hospital Industry Data Institute

Montana MHA - An Association of Montana Health Care Providers

Nebraska Hospital Association

Nevada Department of Health and Human Services

New Hampshire Department of Health & Human Services

New Jersey Department of Health

New Mexico Department of Health

New York State Department of Health

North Carolina Department of Health and Human Services

North Dakota (data provided by the Minnesota Hospital Association)

Ohio Hospital Association

Oklahoma State Department of Health

Oregon Association of Hospitals and Health Systems

Oregon Health Policy and Research

Pennsylvania Health Care Cost Containment Council

Rhode Island Department of Health

South Carolina Budget & Control Board

South Dakota Association of Healthcare Organizations

Tennessee Hospital Association

Texas Department of State Health Services

Utah Department of Health
Vermont Association of Hospitals and Health Systems
Virginia Health Information
Washington State Department of Health
West Virginia Health Care Authority
Wisconsin Department of Health Services
Wyoming Hospital Association

About the NEDS

The HCUP Nationwide Emergency Department Database (NEDS) is a unique and powerful database that yields national estimates of emergency department (ED) visits. The NEDS was constructed using records from both the HCUP State Emergency Department Databases (SEDD) and the State Inpatient Databases (SID). The SEDD capture information on ED visits that do not result in an admission (i.e., treat-and-release visits and transfers to another hospital); the SID contain information on patients initially seen in the emergency room and then admitted to the same hospital. The NEDS was created to enable analyses of ED utilization patterns and support public health professionals, administrators, policymakers, and clinicians in their decisionmaking regarding this critical source of care. The NEDS is produced annually beginning in 2006.

About HCUPnet

HCUPnet is an online query system that offers instant access to the largest set of all-payer health care databases publicly available. HCUPnet has an easy step-by-step query system, allowing for tables and graphs to be generated on national and regional statistics as well as trends for community hospitals in the United States. HCUPnet generates statistics using data from HCUP's Nationwide Inpatient Sample (NIS), the Kids' Inpatient Database (KID), the Nationwide Emergency Department Sample (NEDS), the State Inpatient Databases (SID), and the State Emergency Department Databases (SEDD).

For More Information

For more information about HCUP, visit http://www.hcup-us.ahrq.gov/.

For additional HCUP statistics, visit HCUPnet, our interactive query system, at http://hcupnet.ahrq.gov/.

For information about other hospitalizations in the United States, refer to the following HCUP Statistical Briefs located at http://www.hcup-us.ahrq.gov/reports/statbriefs/statbriefs.jsp:

- Statistical Brief #144, Overview of Hospital Stays in the United States, 2010
- Statistical Brief #146, Costs for Hospital Stays in the United States, 2010
- Statistical Brief #148, Most Frequent Conditions in U.S. Hospitals, 2010
- Statistical Brief #149, Most Frequent Procedures Performed in U.S. Hospitals, 2010

For a detailed description of HCUP, more information on the design of the Nationwide Emergency Department Sample (NEDS), and methods to calculate estimates, please refer to the following publications:

Introduction to the HCUP Nationwide Emergency Department Sample, 2010. Online. November 2012. U.S. Agency for Healthcare Research and Quality. http://hcup-us.ahrq.gov/db/nation/neds/NEDS2010Introductionv3.pdf. Accessed October 9, 2013.

Introduction to the HCUP State Emergency Department Databases. Online. December 2012. U.S. Agency for Healthcare Research and Quality. http://hcup-us.ahrq.gov/db/state/sedddist/Introduction_to_SEDD.pdf. Accessed October 9, 2013.

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AHRQ welcomes questions and comments from readers of this publication who are interested in obtaining more information about access, cost, use, financing, and quality of health care in the United States. We also invite you to tell us how you are using this Statistical Brief and other HCUP data and tools, and to share suggestions on how HCUP products might be enhanced to further meet your needs. Please e-mail us at hcup@ahrq.gov or send a letter to the address below:

Irene Fraser, Ph.D., Director Center for Delivery, Organization, and Markets Agency for Healthcare Research and Quality 540 Gaither Road Rockville, MD 20850